



Prayer With Fasting

1/3/21

Isaiah 58:6 Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke?

What Fasting Does:

- Fasting exposes our heart.
- Fasting expresses our hunger for God Himself.

What Fasting Doesn't Do:

- Fasting does not inspire God to love you.
- Fasting doesn't make God enjoy you anymore.
- Fasting isn't a get rich scheme to holiness.
- We don't fast so that God would forgive us
- Fasting is not a substitute for obedience.

Dangers Of Fasting with Prayer:

- Legalism
- Spiritual Pride.

Why Should We Fast With Prayer?

1. A desire for a _____ hunger for God.
 2. For _____. *Acts 9:9-20*
 3. For _____. (for yourself or another)
 4. To _____ on behalf of our nation. (or others)
 5. For the _____ of bondages.
-
-

Be Prepared:

1. Prepare Yourself Spiritually; 2. Yourself Physically

Answer Key: 1. Deepened, 2. Guidance, 3. Healing, 4. Intercede, 5. Breaking

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