



Courageous Prayers | Prayer 3: "God, Break My Heart For What Breaks Yours"

Jeremiah 8:18&21 My grief is beyond healing; my heart is broken... ²¹ I hurt with the hurt of my people. I mourn and am overcome with grief.

Opening Question:

- Think of a time when you were deeply moved by someone else's suffering or a societal issue. How did it affect you, and what did you do in response?

General Observation:

- The sermon discusses a challenging prayer: "God, break my heart for what breaks yours." What are your initial thoughts or feelings about this prayer?

- How does the idea of praying for a broken heart challenge our typical understanding of prayer as a "God-make-my-life-easy" mentality?

Understanding the Message:

- The sermon mentions several Biblical figures whose hearts were broken for God's purposes. Choose one (Moses, David, Nehemiah, or Paul) and discuss how their broken heart led to action.

- Read Jeremiah 8:18 & 21. How does Jeremiah's response to the sins of his people reflect God's heart?

Personal Application:

1. The sermon suggests "It's better for our hearts to ache with a God-purposed heart than to exist without one." What does this statement mean to you personally?

2. In what areas of your life or society do you think God might be calling you to have a broken heart?

3. The pastor warns that praying for God to break your heart might lead to resistance, opposition, or criticism. How does this possibility make you feel about praying such a prayer?

Action Steps:

- This week, try to identify one issue in your community or the world that you believe breaks God's heart. Spend time praying about it and researching ways you might be able to help.
- Consider incorporating the prayer "God, break my heart for what breaks yours" into your daily prayer time this week. Journal about any changes you notice in your perspective or actions.
- What's one step you can take this week to help in that insight?

Let's Pray:

"Heavenly Father, we come to You with hearts that are often too comfortable and self-focused. We ask for the courage to pray, 'Break our hearts for what breaks Yours.' Open our eyes to the pain and injustice in this world that grieves You. Fill us with Your compassion and move us to action. Like Jeremiah, Moses, David, and Paul, give us the strength to step out of our comfort zones and make a difference in Your name. Help us to value knowing You above all else, even if it means facing challenges or criticism. May our lives be Marked by love for what You love and a passionate pursuit of Your purposes. In Jesus' name, Amen."