

Prayer With Fasting   WLFC 2025
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Additional Notes

## **What Fasting Does:**

- Fasting exposes our heart.
- Fasting expresses our hunger for God Himself.

### What Fasting Doesn't Do:

- Fasting Does Not Inspire God To Love You.
- Fasting Doesn't Make God Enjoy You Anymore.
- Fasting Isn't A Get Rich Scheme To Holiness.
- We Don't Fast So That God Would Forgive Us
- Fasting Is Not A Substitute For Obedience.

## **Dangers Of Fasting:**

- Legalism
- Spiritual Pride.

#### Why We Fast & Pray?

2. Yourself Physically

1. Desiring a	hunger for God.
2. For	·
3. For	(for yourself or another
4	for others.
5. Overcoming	or bondages.
Be Prepared:	
1. Yourself Spiritually	

# 3. Write It Down!

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